

## **Suffolk County Fire Academy**

## Rapid Intervention Team – Firefighter Assist and Search Team

**Student Expectations** 

This course includes lecture and intense hands-on training. You will need the following structural firefighting equipment to participate during the sessions indicated:

- Helmet
- Hood
- Coat
- Pants
- Boots
- Gloves
- Functioning SCBA with Face-piece
- Spare SCBA cylinder
- Session 1 Lecture Only (No PPE Required)
- Session 2 Lecture followed by hands-on evolutions (PPE Required)
- Session 3 Lecture followed by hands-on evolutions (PPE Required)
- Session 4 Lecture followed by hands-on evolutions (PPE Required)
- Session 5 Lecture followed by hands-on evolutions (PPE Required)

To successfully participate in this course, you must have already completed Firefighter I (pre-requisite) and be intimately familiar with your SCBA Emergency Profiles. You will be expected to perform each of these maneuvers under blacked-out conditions as you move through our SCBA Confidence Course (Maze). You will be required to complete the entire Maze during the hands-on portion of Session 2 to progress to the remaining RIT-FAST sessions.

Please make sure you are well rested, hydrated, and prepared to train on the first evening. Bring water and/or Gatorade so that you may stay hydrated throughout the sessions. If you think you need more time to physically prepare for this course, there are multiple offerings throughout the year. You may contact the Fire Academy office to reschedule.

The RIT-FAST Course hand-outs for each session as well as the Firefighter Assist and Search Team (FAST) Manual and Emergency Communication Reference Sheet are included within the Downloads section of the SCFA website. You are encouraged to bring materials to take notes.

You must print and bring to class the Rapid Intervention Team – Firefighter Assist and Search Team Attendance Record (Stamp Sheet). This is also available via the Downloads section of the SCFA website.

To properly register your participation in this class with the State of New York, you will be required to produce your NYS Training ID # on the course stamp sheet. This number can be obtained by contacting the New York State Office of Fire Prevention at 518-474-6746 or through your department's training officer. You must provide this number by the last session of the program.